

# - LUNCH MENU -

Homemade Soup of the Day (v) £4.50

Courgette Fritters, Lemon and Mint Dressing, Cashew and Rocket Salad (vg, df, gf) £5.50 Smoked Mackerel, Gooseberry and Mustard Relish and Watercress (gf, nf, df) £6.00 Pan Fried Feta, Roasted Vine Tomatoes, Black Olive and Honey (v, nf, gf) £6.00 Moroccan Spiced Chicken Wings, with Tahini Yoghurt and Pomegranate (nf, gf\*) £6.00 Asian Chilli Garlic Prawns, Sesame, Spring Onion and Rocket (nf, df, gf) £6.50

### PUB CLASSICS

Beer Battered Haddock & Chips with Mushy or Garden Peas (nf, df) £8.50 / £12.50

Beef Lasagne, Salad and Garlic Bread (nf) £7.50 / £11.50

Vegetable lasagne, Salad and Garlic Bread (v, nf) £7.00 / £11.00

Homemade Beef Burger with Swiss Cheese, Gem Lettuce, Beef Tomato, Gherkin and Burger Sauce in a Toasted Brioche Bun with Chips (nf, gf\*) £10.00

Scampi and Chips with Garden Peas and Tartare Sauce (nf) £7.00 / £11.50

Steak and Ale Pie with Chips or Mash and Garden or Mushy Peas (nf) £7.50 / £11.00

#### CHEF SPECIALS

Monkfish, Heritage Tomatoes, Fennel, Olives, New Potatoes and Anchovies (nf, gf, df) £15.00
Lemon and Chilli Prawn Tagliatelle with Garlic Bread (nf, df) £13.00
Honey Lemon and Basil Chicken, Violet Potatoes and Green Beans (gf, nf, df) £12.50
Pan Fried Pork Chop, Chimichurri, Sweet Potato Mash, and Cavalo Nero (gf,nf df) £14.50
Sun Dried Tomato and Pesto Risotto with Pine Nuts and Basil (vg\* v, gf) £12.00
Harissa Marinated Tofu, Spiced Flatbread, Butterbean Hummus, Mint,
Tahini and Pomegranate (vg, nf, df) £11.50

#### SALADS

Pan Fried Halloumi, Spinach, Sweet Chilli and Sun Dried Tomato (v, nf, gf) £10.00 Chicken, Feta, Walnut and Grape with Honey Balsamic Dressing (gf, df, nf) £13.00

(gf) gluten free (df) dairy free (nf) nut free (v) veggie (vg) vegan \*available on request Please let a member of staff know if you have and food allergies or intolerances. All items subject to availability.

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# -LUNCH MENU -

## STEAKS

Choose from our prime Cumbrian Steaks, all served with Chips, Roast Mushroom,
Vine Tomatoes and Watercress (gf, nf, df)

10°z Rump Steak **£14.50** 8°z Sirloin Steak **£17.50** 12°z Rib Eye Steak **£19.50** 

8°z Fillet Steak **£24.00** 8°z Gammon Steak with Egg, Pineapple, Chips and Peas (gf, nf, df) **£12.00** 

## BAGUETTES & CIABBATTAS

All served on a White or Brown Baguette, or Ciabatta with Chips and Watercress (apart from the Chip Butty!)

Fish Finger (nf) £7.50

Steak and Onion (df,nf) £7.50

Smoked Cheddar, Sun Dried Tomato and Rocket (v, nf) £6.50

Ham Salad (nf) £5.50

Chip Butty (gf, df) £3.50

### SIDES

Chips £3.00
Cheesy Chips £3.50
Garlic Bread £2.00
Cheesy Garlic Bread £2.50
Onion Rings £2.00
Mixed Leaf Salad £3.00
Mixed Vegetables in Garlic Butter £3.00
Steak Medley £3.00
Pepper Sauce £2.00
Port & Stilton Sauce £2.00

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